



# Kooka's Canteen

## 2019

Welcome to JHSS Tuckshop  
Open Wednesday, Thursday & Friday  
7.30am to 12 noon for all year levels.

All orders for 1<sup>st</sup> break must be placed online through  
[www.flexischools.com.au](http://www.flexischools.com.au).

**The cut off time for all orders is at 8.30am.**

To contact our convenor Mel, email  
[jhsstuckshop@gmail.com](mailto:jhsstuckshop@gmail.com) or phone the Tuckshop on  
3725 5648

**Forgotten Lunch** – You will be provided with a  
vegemite or cheese or Jam sandwich and an apple. An  
invoice of \$4 will be sent home for immediate  
payment.

*All Volunteers are Welcome.*

### HOT FOOD

Mash Potato & Gravy	\$1.00
Party Pie	\$1.00
3 x Chicken Nuggets	\$2.00
3 x Vegetarian Mini Spring Rolls	\$2.00
Rice - Vegetarian (GF)	\$4.00
Rice with Chicken or Ham (GF)	\$4.50
Lasagne	\$4.00
Spaghetti Bolognese	\$4.00
Spaghetti Bolognese - with Cheese	\$4.50
KSC Wrap	\$4.50
Beef Korma with Rice	\$5.00
Ceaser Salad Wrap	\$6.50

### Pizza

Cheese	\$1.50
Ham & Cheese	\$2.00
Hawaiian	\$2.00
Pineapple & Cheese	\$2.00
Vege	\$2.00
Chicken	\$2.50
Meat Lovers	\$2.50

### Burgers

Cheese Burger	\$3.50
Hamburger with Salad	\$4.50

### WEEKLY SPECIALS

#### Term 1

Wk 1	No Special	
Wk 2	No Special	
Wk 3	Taco Boats	\$4.50
Wk 4	Nachos	\$4.50
Wk 5	Oodles of Noodles Cup	\$4.50
Wk 6	Chicken with Gravy Rolls	\$4.50
Wk 7	Pulled Pork with Coleslaw Bun	\$4.50
Wk 8	Tomato Pasta Salad	\$4.50
Wk 9	Mexican Tender Salad	\$6.50
Wk 10	Sushi (FRIDAY ONLY)	

#### Term 2

Wk 1	Taco Boats	\$4.50
Wk 2	Nachos	\$4.50
Wk 3	Oodles of Noodles Cup	\$4.50
Wk 4	Carbonara	\$4.50
Wk 5	Shepard's Pie	\$4.50
Wk 6	Chicken with Gravy Rolls	\$4.50
Wk 7	Enchiladas	\$4.50
Wk 8	Tomato Pasta Salad	\$4.50
Wk 9	Mexican Tender Salad	\$6.50
Wk 10	Sushi (FRIDAY ONLY)	

#### Term 3

Wk 1	Taco Boats	\$4.50
Wk 2	Nachos	\$4.50
Wk 3	Oodles of Noodles Cup	\$4.50
Wk 4	Carbonara	\$4.50
Wk 5	Shepard's Pie	\$4.50
Wk 6	Chicken with Gravy Rolls	\$4.50
Wk 7	Enchiladas	\$4.50
Wk 8	Tomato Pasta Salad	\$4.50
Wk 9	Mexican Tender Salad	\$6.50
Wk 10	Sushi (FRIDAY ONLY)	

#### Term 4

Wk 1	Taco Boats	\$4.50
Wk 2	Nachos	\$4.50
Wk 3	Oodles of Noodles Cup	\$4.50
Wk 4	Chicken with Gravy Rolls	\$4.50
Wk 5	Pulled Pork with Coleslaw Bun	\$4.50
Wk 6	Tomato Pasta Salad	\$4.50
Wk 7	Mexican Tender Salad	\$6.50
Wk 8	No Specials	
Wk 9	Sushi (FRIDAY ONLY)	
Wk 10	Closed	

## COLD FOOD

### Sandwiches & Wraps

Toasted (Extra)	\$0.50
Vegemite	\$2.00
Strawberry Jam	\$2.00
Cheese	\$2.50
Cheese & Tomato	\$3.00
Ham	\$3.00
Ham & Cheese	\$3.50
Ham, Cheese & Tomato	\$4.00
Ham with Salad	\$5.50
Chicken	\$4.00
Chicken & Cheese	\$4.50
Chicken with Salad	\$6.50
Chicken Wrap (Cold)	\$4.50
(Chicken, Lettuce & Mayo)	
Salad (Lettuce, Carrot, Cheese, Tomato, Beetroot, Cucumber, Red Onion)	\$4.00

### Salad Boxes & Cups

Salad Cup	\$2.00
Couscous Salad Box	\$4.00
Salad Box	\$6.00
(Lettuce, Carrot, Cheese, Tomato, Beetroot, Cucumber, Red Onion, Pineapple)	
Add Ham	\$0.50
Add Chicken	\$0.50
Ceaser Salad Box	\$6.50

### Sauces & Dressings

Tomato Sauce	\$0.50
BBQ Sauce	\$0.50
Soy Sauce	\$0.50
Sweet Chilli	\$0.50
Caesar Dressing	\$0.50
Italian	\$0.50
Mayo	\$0.50

## FRUIT & YOGHURT

Apple Slinky	\$1.00
(We will slinky your own apple for Free!)	
Fruit Pots	\$1.00

## HOMEMADE TREATS

Counter sales of snacks will vary every day.  
Students should not rely on these items for lunch.  
Availability will vary according to our volunteer situation.

Cup Cakes	\$1.00
Chocolate Chip Cookies	\$1.00
Jelly Cup	\$1.00

Mousse Cup (Chocolate)	\$1.00
Banana Loaf	\$1.50
Apple Shortbread Slice	\$1.50
Raspberry & White Chocolate Slice	\$1.50
Snack Pack	\$2.00
(Rice Crackers, Cheese, Carrot & Sultanas)	

## OTHER TREATS

Popcorn	\$1.00
Red Rock Chips (Honey Soy or Sea Salt)	\$1.50

## ICE BLOCKS

Over the Counter Sales Only – NO ORDERS

Fruity Ice Shapes	\$0.50
Frozen Pineapple Rings	\$0.50
Bulla Vanilla Cup	\$1.00
Icy Twist (Lemonade Ice Block)	\$1.00
Calippo (Raspberry)	\$1.00
Shaky Z Shake	\$2.00
Frozen Yoghurt (GF)	\$2.00
(Watermelon/Mango, Strawberry/Vanilla)	

## DRINKS

Water	\$2.00
Nudie Fruit Juice (Apple or Orange)	\$2.00
Big M 250ml (Chocolate or Strawberry)	\$2.00
Quench	\$2.00
(Cola, Apple & Raspberry, Lemon & Lime, Blue Heaven)	
Iced Tea 300ml (Peach or Raspberry)	\$2.00

## BIRTHDAY ORDERS

Cup Cakes (Set of 30)	\$20.00
(Chocolate or Vanilla or Mixed)	

Gluten Free	\$25.00
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Zooper Doopers (Set of 30)	\$15.00
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One week's notice for Birthday Orders is required, to make sure we have everything in stock and time to prepare.